



NEW LOCATION: White Pine Farm, Park City, UT

Saturday, February 10

10 A.M. Juniors, 10:20 A.M. Adults

5K/10K, Classic

Interval start

5K loop

https://utahnordic.org/wcs/

Forecast/Conditions: A few inches of snow likely on Friday, Friday overnight low near 10F. Saturday about a 40 percent chance of light snow with no accumulation expected. Partly cloudy, light winds, Upper teens at 10 A.M. rising to 25 by noon.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Sprinkle on HP Powder Blue, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Blue, corking between layers. If you need a bit more kick for the longer uphills, add one thin layer of GripWax Red under foot (very short) and cork lightly.

**Structure:** A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.